

## February 2026 BISNF

Monday Respite Care	Tuesday Respite Care	Wednesday Respite Care	Thursday Community Engagement Day	Friday Respite Care
2 <u>Sack Lunch</u> Morning Social  Hiking Newt's Pond  Monday Muffins	3 <u>Sack Lunch</u> Morning Social  Exploring Downtown Kingston  Library and Book Club in Kingston	4 <u>SH Lunch</u> Morning Social  Safeway & Cooking  Yoga with Carrie 12:45 - 1:30 pm	5	6 <u>Offsite Lunch</u>  Pike Place Market and Ivar's in Seattle  Birthday Celebration
9 <u>Sack Lunch</u> Morning Social  CrossFit 10:30 - 11:30 am  We play Wii	10 <u>Sack Lunch</u> Morning Social  Volunteering at Red Pine Park  Valentines Day Card Making	11 <u>SH Lunch</u> Morning Social  Safeway & Cooking  Yoga with Carrie 12:45 - 1:30 pm	12	13 <u>Sack Lunch</u> Morning Social  Valentine's Day Scavenger Hunt  Meditation with Mark 1-1:30
16  SH Closed for President's Day	17 <u>Offsite Lunch</u> Morning Social  Improv Theatre at Side Quest Stage 11-12 pm  Taco Time for Lunch	18 <u>SH Lunch</u> Morning Social  Safeway & Cooking  Member Meeting and hot fudge sundaes	19	20 <u>Offsite Lunch</u> Morning Social  Pizza Party at Brad and Lisa's

23	24	25	26	27
<u>Sack Lunch</u> Morning Social	<u>Sack Lunch</u> Morning Social	<u>SH Lunch</u> Morning Social		<u>Sack Lunch</u> Morning Social
CrossFit 10:30 - 11:30 am	Good Friend Workshop	Safeway & Cooking		Spa Day at Stephens House! Relaxation and Restoration.
Evan's Art Opening 1-1:45 at BARN	Karaoke	Yoga with Carrie 12:45 - 1:30 pm		BI Arts and Crafts
Horsefeather Farm	Volunteering at Bloedel Reserve	Sing Along with Susan		