

February 2026 BISNF

Monday Respite Care	Tuesday Respite Care	Wednesday Respite Care	Thursday Community Engagement Day	Friday Respite Care
2 <u>Sack Lunch</u> Morning Social Hiking Newt's Pond Monday Muffins	3 <u>Sack Lunch</u> Morning Social Exploring Downtown Kingston Library and Book Club in Kingston	4 <u>SH Lunch</u> Morning Social Safeway & Cooking Yoga with Carrie 12:45 - 1:30 pm	5	6 <u>Offsite Lunch</u> Pike Place Market and Ivar's in Seattle Birthday Celebration
9 <u>Sack Lunch</u> Morning Social CrossFit 10:30 - 11:30 am We play Wii	10 <u>Sack Lunch</u> Morning Social Volunteering at Red Pine Park Valentines Day Card Making	11 <u>SH Lunch</u> Morning Social Safeway & Cooking Yoga with Carrie 12:45 - 1:30 pm	12	13 <u>Sack Lunch</u> Morning Social Valentine's Day Scavenger Hunt Meditation with Mark 1-1:30
16 <u>SH Closed for President's Day</u>	17 <u>Offsite Lunch</u> Morning Social Improv Theatre at Side Quest Stage 11-12 pm Taco Time for Lunch	18 <u>SH Lunch</u> Morning Social Safeway & Cooking Member Meeting and hot fudge sundaes	19	20 <u>Offsite Lunch</u> Morning Social Pizza Party at Brad and Lisa's

23	24	25	26	27
<u>Sack Lunch</u> Morning Social	<u>Sack Lunch</u> Morning Social	<u>SH Lunch</u> Morning Social		<u>Sack Lunch</u> Morning Social
CrossFit 10:30 - 11:30 am	Good Friend Workshop	Safeway & Cooking Yoga with Carrie 12:45 - 1:30 pm		Spa Day at Stephens House! Relaxation and Restoration.
Evan's Art Opening 1-1:45 at BARN	Karaoke			BI Arts and Crafts
Horsefeather Farm	Volunteering at Bloedel Reserve	Sing Along with Susan		